



rebecca groller
PHOTOGRAPHY

Senior Session

Prep Guide



As your senior photography session approaches, here's a guide to help you prepare for a seamless and enjoyable experience.

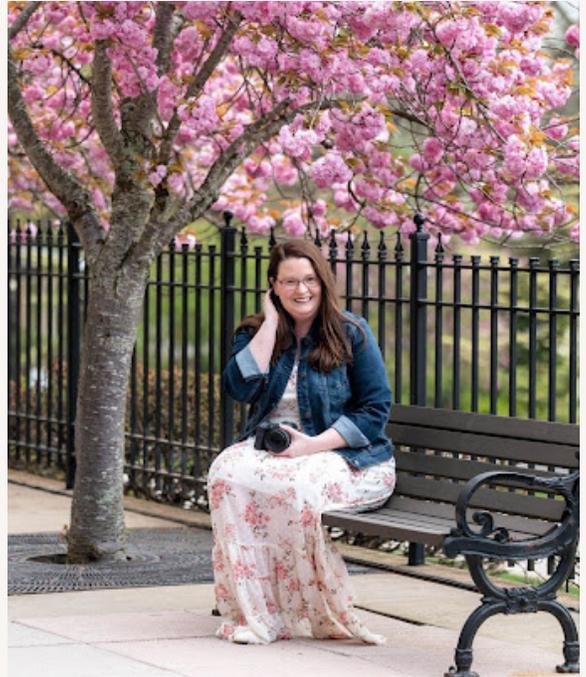
What to expect

Hi, I'm Becky!

Thank you for choosing me to work with your family! I look forward to working with you to capture your upcoming senior photos. I know that planning for a photo shoot can feel overwhelming, but I'm here to help prepare you and give you the tools to make this as stress-free as possible.

I've been a professional portrait photographer for over 15 years, and I absolutely LOVE my job. I'm excited to show you how fun your session can be!

On the day of your session, I'll guide you to ensure a relaxed and enjoyable atmosphere while capturing genuine moments. I'll be in touch to confirm details and address any questions before we meet. After the session, you can expect to receive your proofs within a few weeks, with options to order prints and additional products.



Please know I'm only an email, text, or phone call away and I'm more than happy to assist you through this entire process -- from preparing for your session to ordering products of your beautiful images to display on in your home.



Outdoor location

Choosing the Perfect Outdoor Location

HOW TO CHOOSE YOUR LOCATION

Not sure where to shoot your session? I've got you. Here are a few favorite outdoor looks to help you decide what vibe is most fitting:

- **Classic Park Vibes**- Grassy open space, tree-lined paths, willow trees, flower gardens, and the occasional wooden bridge. Parks offer a timeless, family-friendly setting with soft, natural backdrops.
- **Urban / Industrial**- Downtown alleys, staircases, industrial steel structures, and bold lines. This look brings a little edge and modern contrast, great if you want something less traditional with lots of visual interest.
- **Rustic**- Weathered barns, gravel roads, fences, open fields, and even the charm of a covered bridge. These locations bring a cozy, lived-in feel with lots of texture—especially gorgeous at golden hour.
- **Campus Charm**- Beautiful old stone buildings, classical columns, and well-kept grounds at your choice of several local colleges. A campus gives you a refined, elegant feel and is perfect for any season!

No matter your vibe, I'll help you choose a location that fits you and the season so your session feels relaxed, natural, and true to you.

For location selection, please visit the "Locations" tab on my website.



Studio Session

Perfect in Any Weather

No matter your vibe, I'll help you choose a studio set so your session feels relaxed, natural, and true to you.

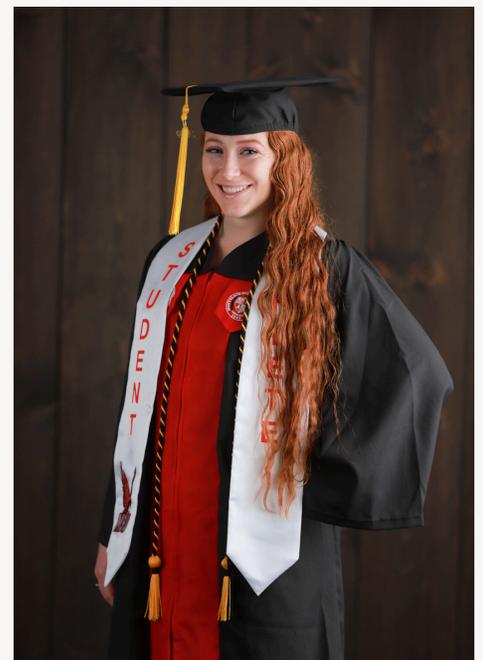


Feel free to arrive at the studio in a comfy outfit to avoid wrinkling your clothes. There is space at the studio for you to change into your outfit.

Studio sets are simple and neutral so the focus is on you.

I will guide you through various poses to give you lots of options in your proof gallery.

For set selection,
please visit the
“Backdrop” tab on my
website.



College grads

Individuals or Groups



These sessions are designed to document your graduation season in a way that feels true to you. We'll meet at a location that's meaningful, on campus or somewhere nearby, and take a mix of posed and candid photos. You'll have time for outfit changes if you'd like; most grads bring their cap and gown along with one or two outfits that feel like "them". Think dressy, casual, fun, and photo-ready. Whether you're celebrating solo or with your crew, it's a relaxed session focused on capturing this milestone moment.



What to wear

The Best Colors for Outdoor Senior Photos

When it comes to senior photos, what you wear makes a big difference, but that doesn't mean it has to be stressful.

Your session can include multiple outfits based on the package you chose. Feel free to mix it up to include casual, dressy, sporty, and/or trendy.

Seasonal Inspired Colors

Spring

Think: blooming branches, fresh green grass, soft light.

Ideal Colors:

Muted pinks, purples, and yellows

Pastel blues and greens

Creams, whites, and neutrals

Navy or soft denim tones

Avoid: Vibrant or neon hues, which can clash with spring's delicate light and tones.



Summer

Think: wildflowers, golden light, open fields.

Early Summer (June–July):

Greens, soft blues, muted reds, and purples

Cream, white, warm neutrals

Light yellows and earth tones

Late Summer (August–early September):

Sage, navy, cream, dusty blue, terracotta

Earthy neutrals to match the drying grass



Pro Tip: If the grass is vibrant, brighter colors work. If it's dry, lean into softened, nature-toned shades.

What to wear

The Best Colors for Outdoor Senior Photos

Seasonal Inspired Colors

Fall

Think: golden leaves, crisp air, deep earthy tones.

Ideal Colors:

Rust, burnt orange, golden yellow
Forest green, navy, deep blue
Creams, browns, soft black, warm neutrals

Pro Tip: Choose rich or muted tones that complement, not compete with, the boldness of fall foliage.

Winter

Think: evergreens, soft snow, cozy textures.

Ideal Colors:

Evergreen, cranberry, navy
Brown, cream, white
Warm neutrals with subtle contrast

Pro Tip: Color brings life to a more monochrome landscape, don't be afraid to stand out softly.



Colors to Avoid

Neon: These tones reflect onto skin and can distort your natural coloring in photos. Always skip the highlighter shades.

Head-to-toe Black: A single black piece is fine. Head to toe black- loses detail and can look flat.

Turquoise Clothing: While turquoise *accessories* are beautiful, turquoise tops or dresses often clash with the natural palette of outdoor settings.

What to wear

Styling Tips for Girls

WOMEN

Dresses are always a favorite—they move beautifully and flatter most body types. Not into dresses? Try a cute top and jeans. This is where you get to show your personality!

Keep in mind:

- **Dress for confidence.**
- **Do a movement test.** Try everything on, move around, and check for visible straps or see-through fabric—especially in sunlight.
- **Skip the fuss.** You don't want to be adjusting your outfit every five minutes.
- **Proper fitting undergarments.** It's so important to the overall look. Make sure that they don't show through clothing. (nude tones work best)

Bottom line: wear what makes you feel good. That comfort and confidence? It shows.

Don't forget, add a little more makeup than you normally do. A colored lip and extra blush will really look great in pictures!

For your convenience, I have a **FREE seasonal online shopping/style guide available** with links to purchase everything online from boutiques as well as Target, H&M, and Amazon. The info to access this free service is on the next two pages.



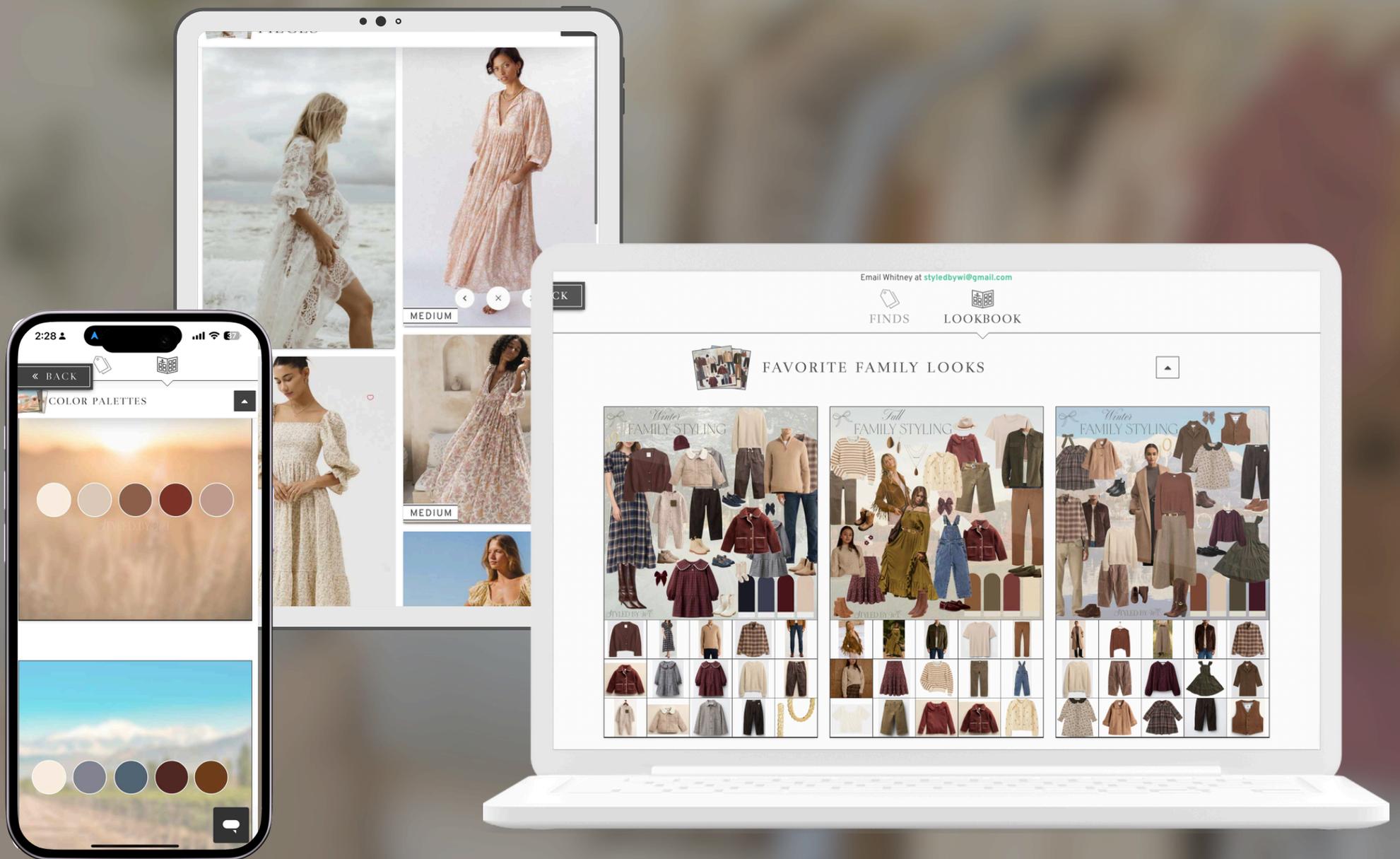
Favorite Shops

Pink Blush
Baltic Born
Piper & Scoot
Target
Old Navy



a live
STYLE GUIDE

UPDATED WEEKLY WITH NEW STYLES
& MOODBOARDS!



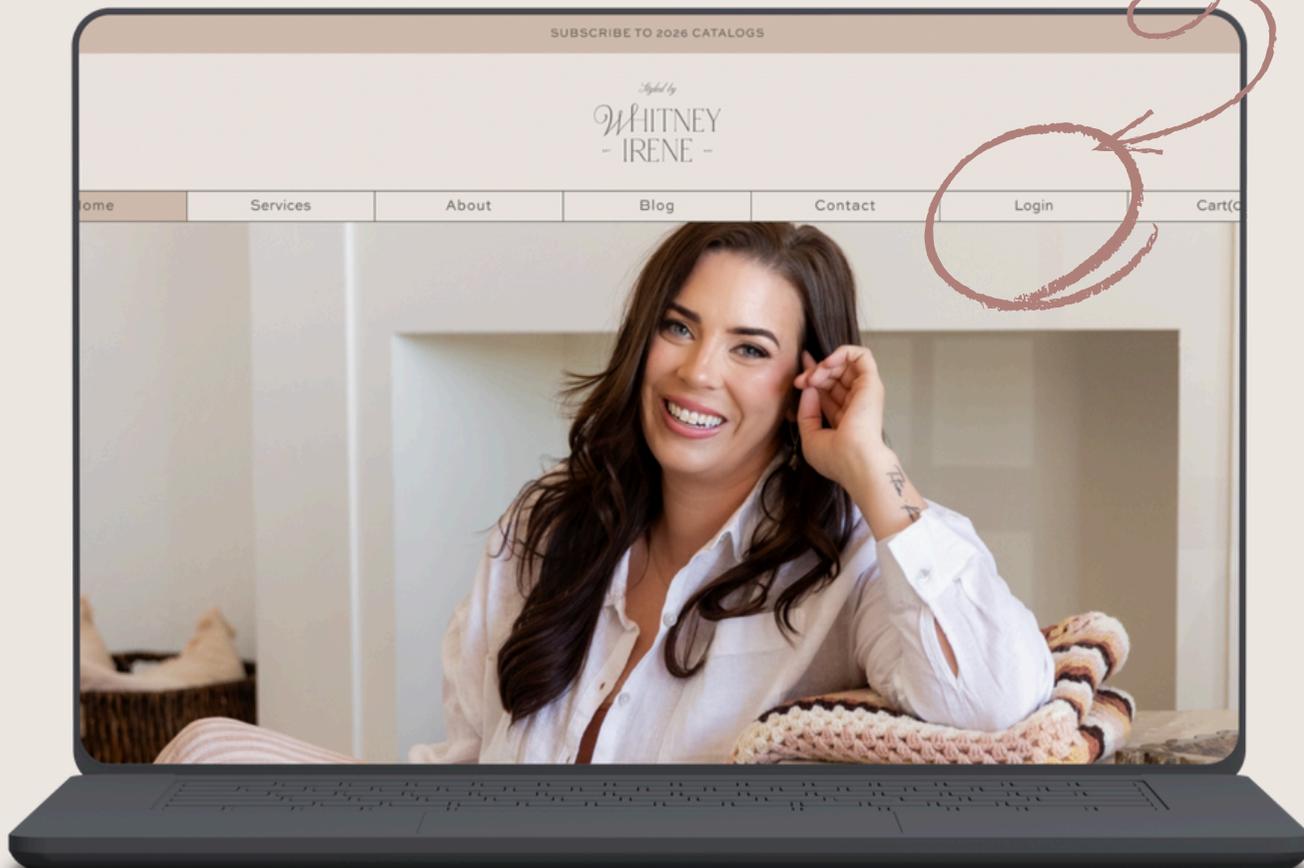
FREE ACCESS FOR MY CLIENTS VISIT:

STYLEDBYWI.COM

VISIT [STYLEDBYWI.COM](https://styledbymi.com)

HOMEPAGE
CLICK "LOGIN"

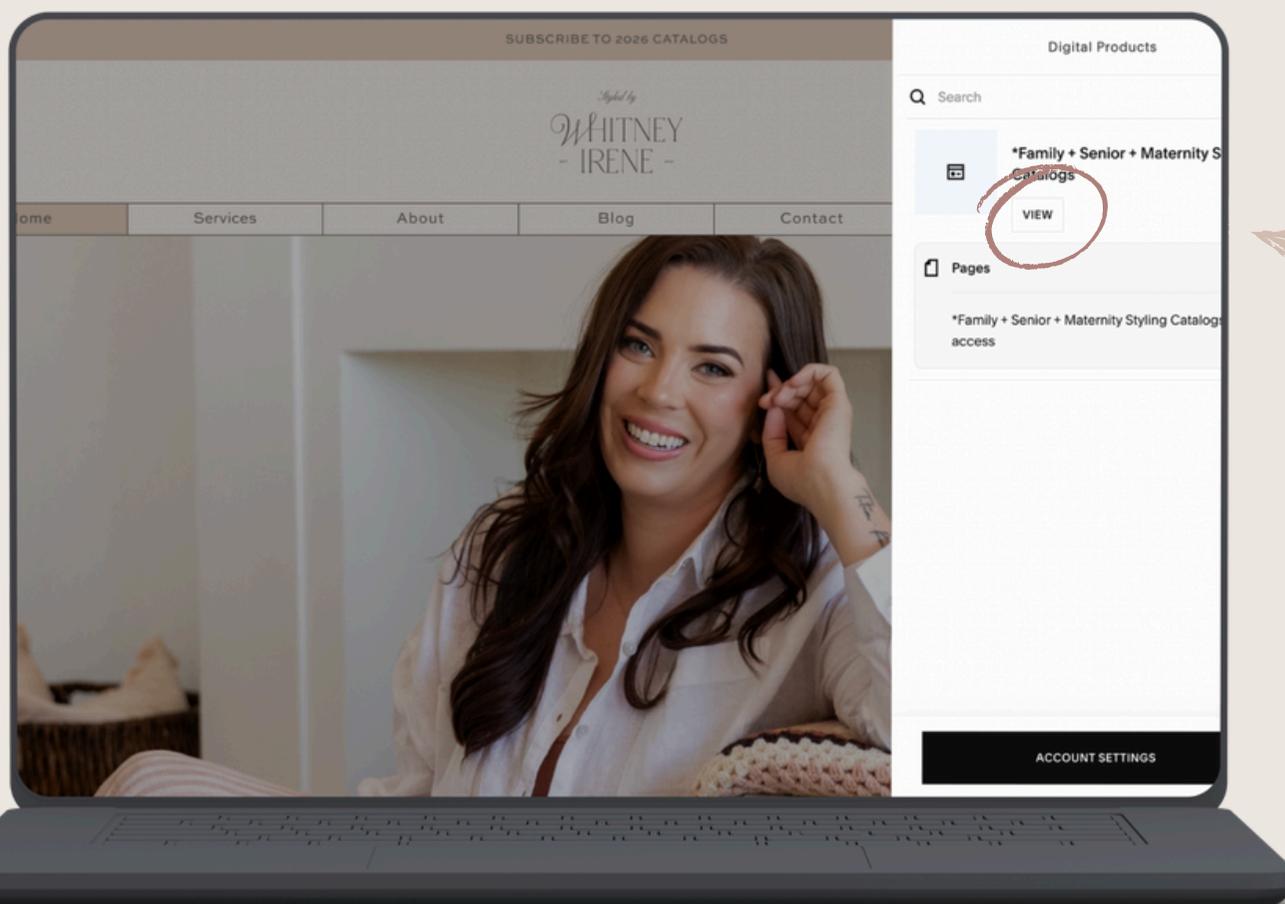
Client LOG IN



- ✓ USERNAME: rebeccagroller@gmail.com
- ✓ PASSWORD: [RGPstyling](#)

Once LOGGED IN

CLICK "VIEW" TO
OPEN CATALOG



What to wear

Styling Tips for Guys



For your convenience, I have a **FREE** seasonal **online shopping/style guide available** with links to purchase everything online from boutiques as well as Target, H&M, and Amazon.



Favorite Shops

H&M
Everlane
Banana Republic
JCrew



MEN

Simple always wins. A button-down shirt (untucked) with jeans or casual pants photographs effortlessly and feels timeless.

Don't forget to add the details: blazer/ suspenders/watch

A few things to avoid:

- Cargo shorts. Choose styles without bulky pockets.
- Performance polos. Sporty golf shirts may be comfy, but they're clingy, see-through, and, yes —nipple-prone.
- Super small prints / plaids. They tend to mess with camera sensors and create crazy colors and patterns on your images that are difficult and sometimes impossible to edit out. (Feel free to send me cell phone photos of outfits to avoid this issue.)

Cotton polos are okay, but a **classic tee, henley, flannel, or button-down** is even better.

Bottom line: choose pieces that feel comfortable but look a step above everyday wear. Easy, clean, and confident.

What to wear

The Details

Details to add:

Texture adds depth and dimension

- Ruffles
- Chunky knits
- Linen
- Twirly skirts
- Embroidered details

Layer with scarves, cardigans, or jackets to create interest without overwhelming the image.



Should I Wear My Glasses?

If you wear glasses daily, you should wear them in your photos. I've worked with dozens of glasses-wearers and have a few tricks for reducing glare.

But— if you wear transition lenses, those can be tricky. They often darken outdoors, which is hard to correct in photos. If possible, bring a non-transition pair or pop the lenses out of an old frame just for the session.



Quick Fit Check

Try everything on beforehand— EVERYTHING – shoes, bras, socks, all of it. Make sure the bra you have works with the strappy sundress. Make sure you have an undershirt for the button-up shirt (especially any white ones).

Pro Tip: Once everything is set, **remove ALL tags** including stickers on the bottoms of shoes. Press/steam any pieces ahead of time to alleviate last minute stress right before your session.

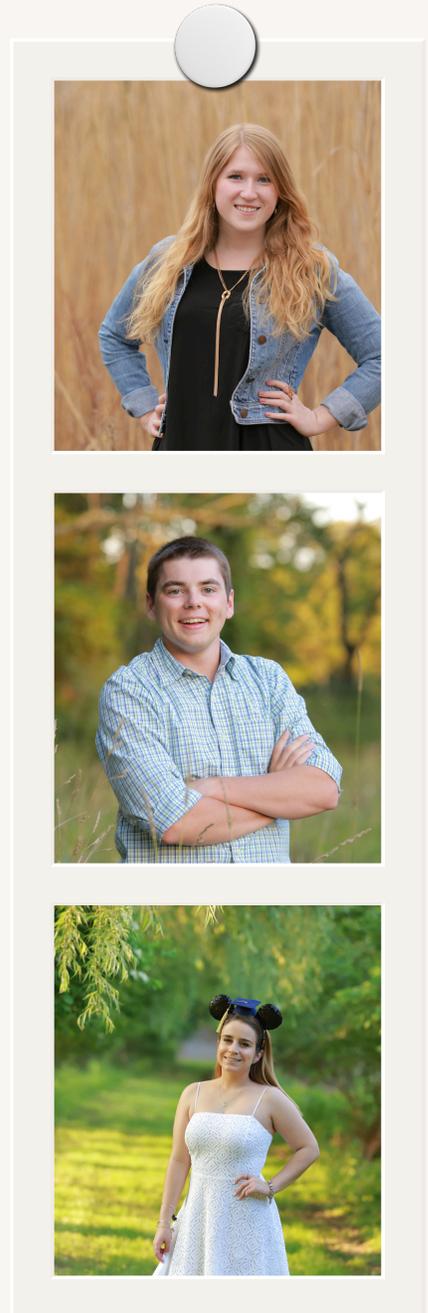
Dress for the Weather

Cold shows in photos—red noses, stiff smiles, and hands shoved in pockets. For spring and late fall, always plan for the real forecast, not the one we wish for. Layers, backup outfits, and warm shoes can make all the difference in comfort (and great photos).

Things to do

Before Your Session

- ✓ A **questionnaire** will be emailed 1 week prior to your session. Please take some time to fill out the details for the success of your session.
- ✓ **Use GPS and arrive early** to allow for any unexpected delays and to start the session feeling relaxed.
- ✓ **Items to bring along:** Lint roller, chapstick/lip gloss, hair brush/comb, makeup for touch ups, water bottle, snacks
- ✓ **Bring any props** you want to include (cars, dogs, instruments, sports equipment). Give me a heads up so I can help you pick a location best suited for these.
- ✓ **Clean glasses** right before the session starts...you'd be surprised how noticeable dirty lenses are in the photos.
- ✓ **Remove items** from your pockets as well as temporary tattoos, chipped nail polish, band-aids & hair ties, Fitbits, Apple watches as they will show in the photos.



Please note: There are not always restroom facilities at the outdoor locations.

Frequently asked

Questions With Answers



01. **What do I do if my kid is not feeling well?**

If your kid is not feeling well the day of the session, please call or email to reschedule. If you need to reschedule, we would appreciate notice within 4 hours of the session or even a heads up a day or two in advance should they be starting to come down with something.

02. **I booked an outdoor session, what happens in case of bad weather?**

For outdoor sessions, I understand that weather can be unpredictable. In case of bad weather, I'll work with you to reschedule to a future date.

03. **Can we add on grandparents or another relative to our session?**

Extra adult subjects can be added on to the session. The fee is \$25 for each additional subject.

04. **What if I want extra digital files after my session?**

Each session includes a set amount of digital files. Extra digital images can be purchased for \$30 each plus tax. Entire galleries can be purchased as well. Fees vary depending on the type of session. I also offer a print promotion for each session where if you hit the print order minimum you will receive your whole gallery of digital images at no extra cost.

05. **Can I order professional quality prints and products?**

Absolutely! I offer professional grade prints and products that can be ordered directly through your online gallery and are shipped directly to your home.

Frequently asked

Questions With Answers

06. **How long will it take to receive my print order?**

The timeline for receiving your book/prints will vary based on product.

- Prints- 7-10 days
- Classic Photo Books- 4-6 weeks
- Premium Photo Books- 2 weeks
- Canvases/Metals/Acrylics- 3-4 weeks
- Framed Prints- 3-4 weeks

07. **Why are outdoor sessions offered late in the day or early in the morning?**

Sessions are scheduled at times of the day when the light is softest. This is typically about 1-2 hours after sunrise and 1-2 hours before sunset. Harsh midday light creates dark shadows, uneven light and squinty eyes. While there may be a few locations that can be shot midday, it is typically a location with buildings, structures and trees to provide open shade and typically only offer for older children and adults as they will pose in a location and not run off into poor lighting. Time of day is a very important consideration especially if subjects have light colored eyes as the brightness of the midday sun will make for squinty photos. I want the best results for your portrait session and highly recommend that you make accommodations to make the suggested time(s) work for your session.

08. **Can I bring my dog(s) to the session?**

Yes, I welcome pets to be a part of your session! I have experience in capturing the unique bond between families and their furry friends. Please make sure the location allows dogs. There is an extra fee of \$25 per dog. Please inquire about other pets.

09. **What's your rescheduling policy?**

If you need to reschedule your photo session, your paid retainer will be applied to a rescheduled session if two weeks notice is given or the reason is due to illness. Retainers may only be transferred one time per session for any reason other than illness. In the event that you need to reschedule more than one time, a new retainer payment will be required.



What's next?

After Your Session



YOUR GALLERY

You'll receive a proof gallery within 3 weeks.

Choose your included images as favorites—upgrades available if you'd like more. Selected images go through final edits.

Extensive edits (like head swaps) may have an additional fee.

Final gallery includes a print release and is ready for digital download.



PRINTS & PRODUCTS

You have the option to order professional-quality prints, canvases, photo albums, and more directly through your final gallery.

All products are shipped straight to your home within a couple of weeks.

Prefer your images on a USB flash drive? That's available for a \$40 fee (plus tax).



REFER A FRIEND & REBOOK

Referral Rewards: Receive a \$20 print credit for each new referral who books a Full Session. Receive a \$10 print credit for each new referral who books a Short & Sweet or Mini Session.

Loyalty Rewards: Earn 3 points for each Full Session you book. Earn 2 points for each Short & Sweet/Mini Session. Once you reach 8 points, you'll receive an \$80 print credit (valid toward prints only)

Send any questions to:



rebecca@groller.net

Thank you!

Thank you for taking the time to read through this guide. I truly appreciate your trust and confidence in my services as a maternity photographer. My goal is to provide a relaxed and personalized experience that captures your big accomplishment! If you have any questions or would like to discuss your session further, please don't hesitate to get in touch. I look forward to working with you!



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